

The Hein Trails are the result of a cooperative land purchase involving the Bethany Land Trust, the Regional Water Authority, the Bethany Conservation Commission and the Hein family. Norvin and Jeanne Hein were interested in protecting their land while generating some income from it, so this innovative partnership enabled them to donate a portion (6.68 acres) of their land for hiking trails while selling the majority of it to the Regional Water Authority to protect the public watershed.

The entrance to the Hein hiking trails is located at the corner of Tuttle and Carrington Roads. There is a separate entrance there for a horse trail that crosses over into Water Authority property and is for horseback riders only. The hiking trails head west from Carrington through a combination of wetlands, mixed hardwood forests and rocky outcroppings with boulders the size of a small truck. Some of those outcroppings were given colorful names, such as Ambush Rock, the Rock Garden, and Council Rock. (By the Hein family.)

This property is drained by a small stream that joins the Sargent River and flows into Lake Chamberlain. Most likely, the land had been lumbered off in the 19th century and the forest began regrowing at the turn of the century. Lots of red oak stumps signify the plight of the gypsy moth caterpillar infestation around 1970. The Heins also planted hundreds of seedlings on the property, as evidenced by many spruce and hemlock trees.



Photo by Ray Andresen, Bethany Land Trust

### Directions and Parking:

The Hein Trails can be accessed most easily off Carrington Road via the Litchfield Turnpike (Route 69). The trailheads start near the intersection with Tuttle Road, where parking is available at the side of the road.

### Permitted/Prohibited Activities:

This land is for passive recreation use only. No motorized vehicles are permitted. Horses are allowed on marked trails only. Dogs are permitted on leash. Please bag and pick up all dog waste. Hunting or trapping on Trust Land is prohibited.



Hiking



Pets on  
Leash



Horseback  
Riding

### For more information about this location, contact:

Carol Lambiase  
Stewardship Chair  
(203) 393-2253

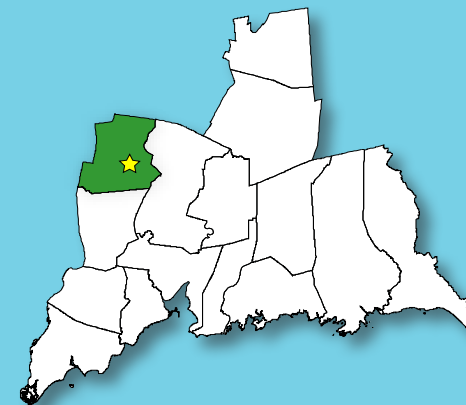
Questions regarding this brochure can be addressed to  
South Central Regional Council of Governments  
Phone: (203) 234-7555/Fax: (203) 234-9850  
E-mail: [trails@scrcog.org](mailto:trails@scrcog.org)

Scan QR Code to access the South Central Regional Council of  
Governments Recreational Trails Webpage



## Recreational Trails South Central Connecticut

# Hein Trails



Bethany, CT

# Hein Trails



Photo by Ray Andresen, Bethany Land Trust










## Trail Description:

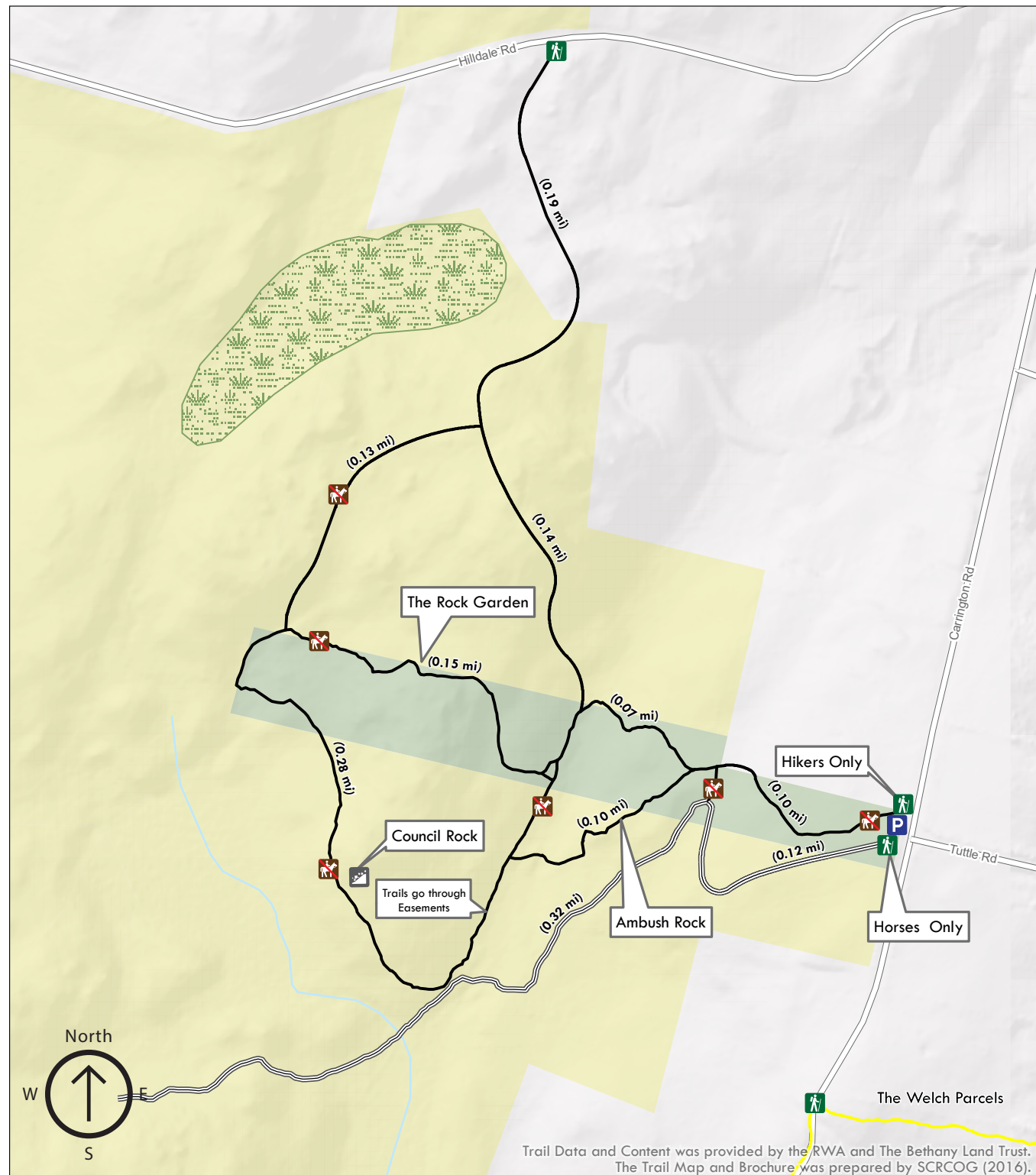
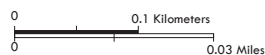
### Easy Hike

A leisurely hour-long walk on the Hein Trails can be extended by hiking on the nearby Welch Parcels or by taking the new Saxton Trail Easement (not shown on the map) that goes from the area near the Rock Garden north to Hilldale Road and back. Horses are allowed on a quarter-mile segment of trail in addition to the horse-only trail.

Total trails distance is approx. 1.16 miles

## Legend

-  Parking
-  Trailhead
-  Horses Not Allowed
-  Council Rock
-  Hein Trails
-  White (Hein Horse Trail)
-  Wetlands
-  Land Trust Property
-  RWA Property



Trail Data and Content was provided by the RWA and The Bethany Land Trust. The Trail Map and Brochure was prepared by SCRCOG (2016).